

# THIS MONTH IN HIV

## Using Motivational Interviewing While Taking a Patient's Sexual Health History: Principles, Techniques, and Strategies for HIV Prevention



**Cynthia Cabral, PhD**  
Licensed Clinical Psychologist

» [Register Here!](#)

**Wednesday, December 20, 2023**  
**12:00 - 1:00 pm**

**Free CME and CNE Available!!**

### Learning Objectives:

1. Describe the Transtheoretical Model and the five stages of change
2. Review basic Motivational Interviewing skills
3. Identify how to begin incorporating Motivational Interviewing principles while taking a patient's sexual health history and determine where PrEP might fit into a patient's sexual health care plan



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**CME Accreditation/Certification:** The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CNE Accreditation:** The University of Rochester Center for Nursing Professional Development is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

1 Nursing Contact Hours will be provided.